



Claudia Eben is an international leadership trainer, executive coach and mindfulness expert with over **25 years of experience**. She has supported more than **17,000 corporate participants** and individual clients in significantly increasing their self-confidence and achieving their potential. She operates globally, delivering training programs across **24 countries on four continents**.

Starting at Deutsche Lufthansa AG as a service and sales trainer, Claudia advanced to Head of Training before establishing her independent practice in 2005. She coaches at ICF PCC level and designs advanced corporate seminars. Client portfolio includes global market leaders such as PUMA, IKEA, Porsche and Lufthansa.

PROFESSIONAL EXPERIENCE

Independent Corporate Practice | Binzen, Germany

Executive Trainer & Coach · Mindfulness Teacher (August 2005 – Present)

- Design and delivery of customized international leadership development seminars
- Executive and leadership coaching for specialists and managers at the ICF PCC level
- Training programs focused on building confidence, authentic presence, and sustainable team alignment
- Implementation of mindfulness strategies and communication skills for corporate leadership

Deutsche Lufthansa AG | Frankfurt, Germany

Head of Training / Ausbildungsleiterin (1999 – 2005)

- Strategic management and execution of professional development programs for junior executives
- Career progression tracking and coaching for corporate trainees

Deutsche Lufthansa AG | Frankfurt, Germany

Service & Sales Trainer (1995 – 1999)

- Conception and delivery of target group-specific customer service, communication, and sales training courses

EDUCATION

M.Sc. in Business Administration & Economics (Diplom-Kauffrau)

FernUniversität in Hagen, Germany

Certified Commercial Airline Professional (Luftverkehrskauffrau)

Deutsche Lufthansa AG

ADDITIONAL QUALIFICATIONS

– ORSC · CRR Global

– Internal Family Systems (IFS) Coach

- Mindfulness Meditation Teacher · MMTCP
- Leadership Circle Profile · Schouten & Nelissen
- Train-the-Trainer (Personal) · The Mind Gym
- Leadership Program · CTI, Spain
- Coactive Coaching Program · CTI, London
- Train-the-Trainer · Dr. Baldinger & Partner
- Myers-Briggs Type Indicator (MBTI) · M&B
- Professional Certified Coach (PCC) · ICF
- ORSC Fundamentals · CRR, Heidelberg
- Associate Certified Coach (ACC) · ICF
- Trainer Certification · dvct, Hamburg
- Pedagogical Instructor Qualification · IHK

SELECTED CLIENTS

Simon Kucher & Partner	Porsche AG	Allianz SE
Lufthansa German Airlines	IKEA	PUMA SE
Volkswagen AG	STAR ALLIANCE	

WORKING LANGUAGES

German	Mother tongue
English	Fluent · Professional Trainer Level

PROFESSIONAL ASSOCIATIONS

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- International Coaching Federation (ICF)
 - Deutscher Verb. für Coaching und Training (dvct)