



Esther Rehmann is a systemic coach and trainer with **more than ten years of experience** in leadership and training. She spent twelve years in retail as team lead and project lead for sales and business competence, with profit responsibility for a store department and a team of around twenty people.

Since 2020 she has worked independently as a coach and trainer. Her focus is leadership for new and prospective managers, team development, agile project planning, design thinking and learning design. She also hosts a podcast on vulnerability and change.

PROFESSIONAL EXPERIENCE

Competence Development Network | Munich, Germany

Coach & Trainer (since 2020)

- Leadership training for prospective and newly appointed managers
- Change management workshops
- Leadership coaching
- Learning design projects

Entfaltungcoaching | Germany

Founder · Systemic Coach

- Systemic coaching for personal development
- Workshops on vulnerability, honesty and change
- Host of the podcast „Verletzlichkeit? Ok, ciao!“

IKEA Deutschland GmbH & Co. KG | Düsseldorf, Germany

Team Lead Sales · Sales Trainer · Project Lead Business Competence (12 years)

- Profit responsibility for the kitchen and dining department in the Düsseldorf store
- Leadership responsibility for around 20 employees
- Matrix partner for competence development of kitchen staff across Germany
- Planning, preparation and delivery of specialist training and leadership workshops
- Development and implementation of a new learning approach to raise home furnishing competence nationwide

ADDITIONAL QUALIFICATIONS

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| – Systemic Business Coach (cSBC, dvct) · Munich Academy for Business Coaching | – Train the Trainer · IKEA (internal) |
| – Professional Scrum Master · Scrum.org | – Change Manager · IKEA (internal) |

WORKING LANGUAGES

German Mother tongue