



Nicole Hövel is a senior trainer, management coach and consultant with a **Diploma in Psychology from LMU Munich** in organisational psychology and human resources. She has worked in HR development and the management training industry and started her own practice in 2009.

Her focus is organisational and team development, international leadership and communication, alongside stress management, resilience and burnout prevention. She teaches systemic business coaches at the Munich Academy for Business Coaching and coaches in German and English.

PROFESSIONAL EXPERIENCE

Competence Development Network | Munich, Germany

Senior Trainer, Business Coach & Consultant (since 2011)

- Design and delivery of training for organisational competence development
- Implementation of innovative training and coaching concepts
- Leadership coaching

Munich Academy for Business Coaching | Munich, Germany

Faculty (since 2010)

- Training and mentoring of systemic business coaches

newsummits · Training, Coaching, Consulting | Munich, Germany

Senior Trainer, Management Coach & Consultant (since 2009)

- Training on communication and leadership
- Individual and team coaching
- Supervision and coaching for NGOs and refugee support organisations

LMU Munich · Lab of Personality Psychology & Diagnostics | Munich, Germany

Research Assistant & Lecturer (2009 – 2013)

- Lectures and seminars in personality psychology and diagnostics
- Research on stress, burnout and emotions at the workplace
- Assessor for final exams and bachelor / master theses

UniCredit Group · HypoVereinsbank | Munich, Germany

HR Consultant & Talent Manager, Investment Banking (2008 – 2009)

- Design and implementation of international talent management programmes
- Design and delivery of assessment and development centres
- Coaching of high potentials, conflict mediation

Business & Nature GmbH | Munich, Germany

Project Manager Training & Consulting (2004 – 2008)

- Training solutions for communication and team development
- Facilitation of strategy meetings and kick-offs
- Consulting on organisational culture and change

- Project management for training and development measures

EDUCATION

**Diploma in Psychology — Organisational
Psychology & Human Resources**

Ludwig-Maximilians-Universität Munich, Germany

ADDITIONAL QUALIFICATIONS

- Certified Systemic Business Coach (SBC®, dvct®)
- Certified Systemic Team Coach · Reimer Akademie®
- Certified Trainer & Mediator · Zwerger & Raab®
- Certified Scrum Master · scrum.org®
- MBTI and Insights Discovery · Certified
- Further training in burnout prevention and meditation

WORKING LANGUAGES

German	Mother tongue
English	Fluent