



Silvia Campos-González has been supporting individuals, teams and organisations through development, transformation and innovation processes — and through complex leadership and decision-making situations — **since 1996**. She has worked as an independent trainer, consultant and business coach **since 2008**, combining expertise in communication psychology with business acumen and years of leadership experience of her own.

A particular focus of her work lies in Positive Psychology and Positive Leadership as a **certified PERMA-Lead Consultant**, helping organisations build resilient, high-performing and future-oriented working environments. Her approach is systemic, resource-oriented and strongly transfer-focused: development work is designed so that it takes hold in everyday business practice.

PROFESSIONAL EXPERIENCE

CoachingCampos | Langenfeld, Germany

Trainer, Consultant & Business Coach (independent since 2008)

- Consulting and facilitation in organisational, team and leadership development
- Design and delivery of training programmes, workshops and development initiatives
- Learning design for leadership and qualification programmes
- Executive and business coaching for leaders and employees
- Facilitation of change and transformation processes
- Conflict resolution, mediation and team development

Rheinische Sparkassenakademie | Düsseldorf, Germany

Leadership & Talent Development Manager (09/96 – 08/08)

- Design and implementation of central qualification programmes
- Development and support of leadership development programmes
- Trainer qualification and learning management
- Head of department with leadership responsibility of her own

Sparkasse Langenfeld | Langenfeld, Germany

Client Advisor (09/88 – 09/96)

- Client advisory and relationship management with private and business clients
- Various positions across the retail banking business

EDUCATION

**Certified Banking Business Administrator
(Sparkassenbetriebswirtin)**

Sparkassenakademie Düsseldorf, Germany

Banking Professional (Bankkauffrau)

Sparkasse Langenfeld, Germany

ADDITIONAL QUALIFICATIONS

- Certified PERMA© Lead Consultant (Positive Leadership)
- Positive Psychology Consultant (DGPP)
- Communication Expert & Coach · Schulz von Thun
- Conflict Resolution Facilitator · Dr. Christoph Thomann
- Change Management Consultant & Trainer
- Agile Organisational Development · Oestereich & Schroeder, Hamburg
- Certified DiSC® Trainer & Coach
- Zürcher Ressourcen Modell (ZRM®)
- Design Thinking Coach
- Hypnosystemic Coaching · Dr. Gunther Schmidt
- Certified Trainer · Sparkassenakademie & IHK Düsseldorf

SELECTED CLIENTS

IKEA Germany	Nordsee	Rehau
Deutsche Bank	Lufthansa	Sparkassen (various)
Sparkassenakademien (various)	Oberfinanzdirektion Hessen	Fachhochschule Köln

WORKING LANGUAGES

German	Mother tongue
Spanish	Fluent
English	Fluent